

7-COUPLE SETS

(for 3-couple dances in 4 couple sets)

This is a useful solution when a line of sets is short of one couple. It avoids a 3-couple set having to dance continuously without a break, or else having to agree when the whole set should rest for one turn.

The numbers below refer to each couple's ORIGINAL position.

YELLOW indicates the UPPER dancing set, BLUE the LOWER dancing set.

- Every second turn the upper set must borrow the "standing" couple from the lower set.
- Couples 1-3 NEVER go below 3rd place: after each couple has danced twice they STAY in 3rd place.
- in the lower set, after each couple has danced twice they drop to the bottom as usual.

Turn 1	1	2	3	4	5	6	7
Turn 2	2	1	3	5	4	6	7
Turn 3	2	3	1	5	6	7	4
Turn 4	3	2	1	6	5	7	4
Turn 5	3	1	2	6	7	4	5
Turn 6	1	3	2	7	6	4	5
Turn 7	1	2	3	7	4	5	6
Turn 8 or *	2	3	1	4	7	5	6
Turn 8	2	1	3	4	7	5	6

* NOTE there are 2 options for Turn 8:

- Option 1 (preferred): Original 1st couple drop to 3rd place after their "extra" turn (Turn 7) and original 2nd couple dance Turn 8.
- Option 2: Original couple dance 2 extra turns (7 & 8) and original 4th couple are borrowed by the upper set for Turn 8.

Note for MCs: If the hall is short of 2 couples, as an alternative to having two 5-couple sets you may consider re-arranging the lines to have two 7-couple sets. **Everyone** then gets at least 2 turns in each position, but also gets an occasional rest.